



Wellness Policy

ESC Region 2
December 15, 2015

1:00 p.m. - 3:00 p.m.



Wellness Committee recommendations

- Who is required to be a part of the Wellness Committee
 - Role/requirements
 - SHAC involvement
- What are the responsibility of the committee

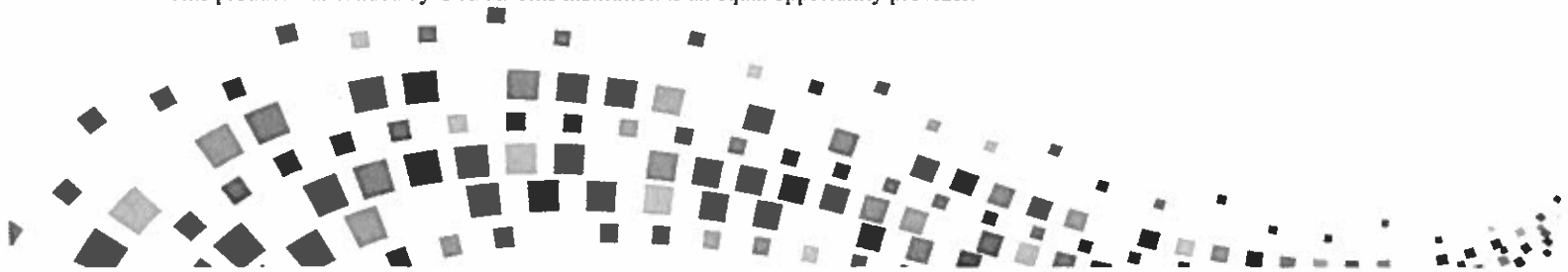
Review of Local Wellness Policy

- Assessing Policy
- FND 105

Goal Setting- measurable and attainable

- Who will be conducting tasks
- When will they be conducted
- How often will they occur
- Where will it take place

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TAFT INDEPENDENT SCHOOL DISTRICT

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School Health Advisory Committee Meeting & Wellness Policy

January 13, 2016

10:00-10:30 AM

I. Introductions

II. Coordinated School Health & Policy Updates Wellness Policy

Recommendations: Who is required to be a part of the Wellness Committee

- (Role/Requirements)
- SHAC involvement
- Responsibilities of the Wellness Committee
- FND 105

Goals:

1. The utilization of deep fat frying is prohibited at Taft ISD (wellness policy page 6)
2. Taft ISD prohibits carbonated beverages (wellness policy page 6).
3. Taft ISD will incorporate the 6 exempt days per school year on each school campus (wellness policy page 8).

III. District Nutrition - Updates regarding nutrition guidelines

IV. Additional School Health Issues Shared

**Next tentative meeting is Friday, April 1, 2016 from 1:30-2:30.



